

Staff restaurant Eldora - Solvias

Monday, 24. March	Tuesday, 25. March	Wednesday, 26. March	Thursday, 27. March	Friday, 28. March
SOUP Soup of the day	SOUP Soup of the day	SOUP Soup of the day	SOUP Soup of the day	SOUP Soup of the day
2.00	2.00	2.00	2.00	2.00
CLASSIC Cannelloni filled with beef, tomato sauce, béchamel sauce, gratinated with cheese Grated cheese Marinated rocket <i>approx 793.4 cal. / Beef: Switzerland</i>	CLASSIC Hawaiian Beef Burger Beef patty, brioche bun, barbecue sauce, honeyed pineapple, cheddar, iceberg lettuce French fries <i>approx 1042.4 cal. / Bun: Switzerland, Burger (beef): Switzerland</i>	CLASSIC <i>Backpackers: Africa</i> Jollof Rice Senegalese Tomato Rice Fried Sea Bream Fillet Colorful Spring Salad with Carrot and Cabbage <i>approx 643.6 cal. / Gilthead: Turkey</i>	CLASSIC <i>Backpackers: Africa</i> Kuku wa Ukwaju Swahili Poulet Stew Tamarind Pineapple Sauce Okra with Tomatoes Chapati Bread <i>approx 960.0 cal. / Chicken: Switzerland, Bread: Singapore</i>	CLASSIC Spaghetti Bolognese sauce Grated cheese <i>approx 640.3 cal. / Beef: Switzerland</i>
INT CHF 9.60 / EXT CHF 12.60	INT CHF 9.60 / EXT CHF 12.60	INT CHF 9.60 / EXT CHF 12.60	INT CHF 9.60 / EXT CHF 12.60	INT CHF 9.60 / EXT CHF 12.60
WORLD  Buddha Bowl with falafel, couscous, avocado, tomatoes, cucumber, carrots, baby spinach, tahini dip <i>approx 734.4 cal.</i>	WORLD  <i>Backpackers: Africa</i> Chakalaka & Putu Pap South African vegetable stew with baked beans and root vegetables Maize porridge Pickled vegetables <i>approx 649.8 cal.</i>	WORLD  Chilli sin carne with soy mince, kidney beans and bell peppers Baked sweet potatoes Soy yoghurt Long grain rice <i>approx 938.0 cal.</i>	WORLD  Crêpe au gratin filled with ratatouille Béchamel sauce Spinach <i>approx 359.0 cal.</i>	WORLD Spaghetti Creamy mushroom sauce Grated cheese Marinated rocket <i>approx 585.0 cal.</i>
INT CHF 8.60 / EXT CHF 11.60	INT CHF 8.60 / EXT CHF 11.60	INT CHF 8.60 / EXT CHF 11.60	INT CHF 8.60 / EXT CHF 11.60	INT CHF 8.60 / EXT CHF 11.60
CHOICE Daily changing offer	CHOICE Daily changing offer	CHOICE Daily changing offer	CHOICE Daily changing offer	CHOICE Daily changing offer
pro 100 Gramm: INT CHF 1.90 / EXT CHF 3.20	pro 100 Gramm: INT CHF 1.90 / EXT CHF 3.20	pro 100 Gramm: INT CHF 1.90 / EXT CHF 3.20	pro 100 Gramm: INT CHF 1.90 / EXT CHF 3.20	pro 100 Gramm: INT CHF 1.90 / EXT CHF 3.20
DESSERT  Apple cake <i>approx 155.7 cal. / Cake: Switzerland</i>	DESSERT  <i>Backpackers: Africa</i> Peanut cake <i>approx 802.8 cal.</i>	DESSERT  <i>Backpackers: Africa</i> Ouma se Melkert South African milk tart <i>approx 450.6 cal.</i>	DESSERT  <i>Backpackers: Africa</i> Thiacry Senegalese millet pudding <i>approx 200.6 cal.</i>	DESSERT  Mini brownie <i>approx 287.4 cal. / Brownie: France</i>
2.00	2.00	2.00	2.00	2.00

CLASSIC, WORLD, GREEN : 1 daily soup, 1 daily salad or 1 daily dessert is included in the menu price. Prices in CHF, incl. VAT. INT = rate for internal guests / EXT = rate for external guests

Opening hours

Monday - Friday, 8 am - 2.30 pm. Lunch 11.30 am - 1.30 pm.